



Rose

(Rosa)

The Rose has been an enduring symbol of love and beauty throughout history.

Thorny stalks and dark green leaves

surround the soft, velvety

blooms, with deep hues, luxurious petals and an absolutely wonderful aroma. The essential oil of the rose has the most diverse healing applications of any essential oil used in aromatherapy today. The oil is considered to be a healer of the body and soul, and it is very easy to use with basic natural healing techniques. Rose oil is sought after for its aphrodisiac, as a tonic for the heart and for its uplifting characteristics: it soothes emotions, lifts depression, eases anxiety, elevates spirits and reduces stress and tension. It calms the nerves and can help to overcome insomnia.