

Camomile

(Matricaria chamomilla)

Camomile has both calming and stimulating

properties. It provides exactly

what we need to

sleep well in today's

world: it relaxes us and

relieves us from the stress of

the day gone by, and restores our

energy so we can wake up refreshed and ready to

start the new day. Camomile purifies and

stimulates. It is a pretty little plant with

feathered leaves and white flowers with yellow

centers that remind us of daisies. Camomile has a

wonderful aroma, reminiscent of sweet apples.

When you walk through a camomile field on a hot

summer's day, the scent is so refreshing. The

camomile fragrance in mattress ticking ensures the

same wonderful feeling.

